

GIRLS WRESTLING

Illinois Girls Folkstyle State Championships March 15, 2020



Oswego East High School
1525 Harvey Rd, Oswego, IL 60543

Registration: \$25.00 for Preregistration which will be done on [TrackWrestling](#).
\$35.00 for Walk-in registrations will be taken at the door.

Eligibility: All girls, Kindergarten to High School Seniors.
A USAW membership card is required and will be sold at the door.
(must show a copy of your birth certificate **OR** previous USAW Card & an ID to purchase USAW card)

Weigh-ins: Saturday: 11 am - 3 PM Pre-registered ONLY, Oswego East HS
Saturday: 3:30 PM – 5:00PM Pre-registered ONLY in Lobby of the BMO Harris Bank Center, Rockford
Sunday: 7:00 – 8:00 AM Pre-registered and Walk-ins on site; Wrestling should start at 10:00 AM
Skin/Body Checks: 7:00 – 8:00 AM for ALL wrestlers even if they did a satellite weigh-in the day before

Coaching: All Coaches must have a visible USAW card and a wristband to be allowed mat side. Coaches must present current USAW wrestling leader membership and driver's license and be NCEP (copper, bronze, silver, or gold) certified to receive a wristband. No exceptions. If a wrestler does not have a coach, someone will be found to coach her.

Bracketing: 8 man blocked weights whenever possible to be determined by the number of participants in each division and weight class (an effort to have no more than a 12% difference of each competitor's body weight and no more than 3 years difference in the 3 lower divisions). For brackets with less than 4 participants round robins will be used.

Divisions: **USA Wrestling age ranges are used so there is no confusion for the Women's National Championships in Irving Texas.**

***Some 8th graders must enter high school division due to the above.**

- ***HIGH SCHOOL** (Born 9/1/2000 – 12/31/2005, must be high school senior or younger)
- **SCHOOLGIRL** (Born 2006-2007)
- **ELEMENTARY** (Born 2008-2014)

Awards:

- 1st - 5th place medals will be awarded. Champions will have a T-Shirt
- Team Trophies for Top 4 Teams. Teams will choose their 5 scoring wrestlers from their IKWF rosters. No HS wrestlers can be included in that 5.
- **All champions will have their entry fees paid for the Women's National Championships in Irving, TX (May 2020).**

Concessions: Available all day; provided by our hosts the Oswego East Wrestling Program

Additional Info: For additional information on this event or other girls' information:

- Visit us at www.ilgwa.org or

Like **Illinois Girls Wrestling** on Facebook and view events or post questions

Tournament Director: Mark Bullington – 618.406-3268