

# ***GRINCH GRAPPLE - Saturday December 28th, 2019***

**LINCOLN WAY CENTRAL HS**

**1801 E. Lincoln Highway New Lenox**

**Weigh-ins: At your own practice facility on Friday Night. Instructions will be emailed to your registered club the week prior from John Ambrose.**

***\*\*\*Wrestling starts at 8:30 am\*\*\****

**Format: Folkstyle - IKWF Rules**

**Tot & Bantam: 4-man blocked (1min x 3rounds)**

**Intermediates 8-man bracket (1min x 3rounds)**

**Novice and Senior 8-man bracket (1min, 1.5min, 1.5min rounds)**

**Awards: All Champions will also receive bracket boards**

**Tots and Bantams– Individual grinch medals for 1st-4th place**

**Intermediate, Novice, Senior- Individual grinch medals 1st-5th place**

***TEAM TROPHIES: 1st-3rd Place***

**Admissions: \$5.00**

**Coaches w/valid USA card/DL & Children under 5: Free**

**Wrestler Entry Fee: \$25 pre-registration (Make checks payable to LWWC) \$200 team deposit due by 12/6 to guarantee spots and pre-registration price. \$30 any wrestler registered after 12/6 and all walk-ups from teams that did not pay a deposit. Send check to: LWWC 2408 Rockwood Dr Joliet, Illinois 60432**

**Limited to first 700 entries**

**Questions: Email us at [lincolnwaywc@gmail.com](mailto:lincolnwaywc@gmail.com) or John Ambrose at [ambroseopp@aol.com](mailto:ambroseopp@aol.com)**