

2020-2021 IKWF Season

Practices may begin on (TO BE DETERMINED BY THE B.O.D.).

Dual meets may begin on (TO BE DETERMINED BY THE B.O.D.).

- Season will be a 9-week season, ending with Regional if possible.
- All CDC and IDPH guidelines will be followed prior to and during competition.
 - Teams will do temperature checks and health screenings prior to attending the event.
 - Social distancing, wearing masks and total number of people in gyms will also need to be enforced.
- The IKWF will host a regional tournament based on the level that wrestling is in according to the All Sports Guidelines.
- No individual tournaments will be allowed during the 2020-2021 season. **This season will be dual meets only for the 2020-2021 season.**
 - For this season only, clubs with 10 wrestlers or less, they may combine with another club for local dual meet competitions.

Officials

- Officials will follow the guidance of the NFHS and the IHSA.

Running Dual Meets

- The two teams involved in the dual will match 20 wrestlers each for a 20-match dual meet.
- Wrestlers must weigh in within 10% of each other the day of the competition.
- Local duals are not required to use specific weight classes; however, clubs could choose to follow the weight classes used in the state duals.
- Duals can be scheduled against teams in your IKWF Sectional.
- Each dual meet will have:
 - 20 wrestlers for team A
 - 2 coaches for team A
 - 20 wrestlers for team B
 - 2 coaches for team B
 - 1 official
 - 1 trainer
 - 3 table workers
- No spectators will be allowed under the current guidance.
 - Hosts could set up a viewing area that would show a livestream or video.
 - If the guidance changes to a percentage of the capacity, each competitor will be allowed 2 individuals that are living in the same space.
 - Spectators will wear masks at all times.
- Team benches must spread competitors 6' apart from each other.
- Everyone on the team bench must be wearing a mask.
- To wrestle more than one (1) Dual you must clear the gym and disinfect the area.
 - There must be a 30-minute window after the completion of the cleaning.
- You can have 2 dates per week
 - On a weekday you can only dual one club.
 - On weekends you could have one triangular with the host and two additional clubs.

STATE TEAM DUALS

- No fees for State Duals.
- Must register by **(TO BE DETERMINED BY THE B.O.D.)**.
- Two divisions
 - Novice/Senior (11-14)
 - Bantam/Intermediate (10 and Under)
- Sectional brackets will be set up by the Sectional Director.
- Duals will be hosted by the team assigned by the Sectional Director.
- The Winner of each sectional will be placed in a State Bracket.
- The IKWF will determine who hosts each dual meet.
- State bracket will not have any other placement duals other than the championship dual.
- Round 1 – **(TO BE DETERMINED BY THE B.O.D.) – Preliminaries** - Teams in your section.
 - Round 2 – **(TO BE DETERMINED BY THE B.O.D.) – Quarters** - South vs. Central, North vs. West, Central Chicago vs South Chicago, North Chicago vs. West Chicago
- Round 3 – **(TO BE DETERMINED BY THE B.O.D.) – Semifinal** winners' wrestle. Blind Pairings.
- Round 4 – **(TO BE DETERMINED BY THE B.O.D.) – Finals**
- Sites picked by Sectional Directors involved.

IKWF Individual Regional (IF ALLOWED)

- Sectionals will be divided into a minimum of four regionals and a maximum of six regionals.
- Will conduct Tot and Bantam in 4-man line bracketed tournaments, **NO ROUND ROBINS**.
 - Brackets will wrestle to 4 places.
- Will conduct Intermediate, Novice and Senior divisions in the weight classes listed in the by-laws.
 - Each weight class will be split in half if they exceed 16 wrestlers.
 - Brackets will wrestle to 6 places.